NANGELIL AYURVEDA MEDICAL COLLEGE, KOTHAMANGALAM

FIRST PROF BAMS SENIOR (2025 ADMISSION)

## TIME TABLE w.e.f 16/11/2026

| DAY/HOUR | 9 AM-10 AM | 10AM-11AM | 11AM-12PM | 12PM-01PM | 01PM-02PM | 02PM-03PM | 03PM-04PM |
|---|---|---|---|---|---|---|---|
| MONDAY | SAMHITHA ADHYAYANA (L) DR SMITHA MOHANKUMAR (PROFESSOR & HOD) | RACHANA SHARIRA (L) DR ARUN NP (PROFESSOR) | SANSKRIT (NL) DR SHARMILA (SENIOR LECTURER) | SAMHITHA ADHYAYANA (NL) DR SMITHA MOHANKUMAR (PROFESSOR & HOD)) | LUNCH BREAK | SAMHITHA ADHYAYANA (NL) DR BENOY BHASKARAN (PROFESSOR & VICE PRINCIPAL) | PADARTHA VIGYAN (L) DR BENOY BHASKARAN (PROFESSOR & VICE PRINCIPAL) ) |
| TUESDAY | SAMHITHA ADHYAYANA (L) DR ALVIN VARGHESE (ASSOCIATE PROFESSOR) | RACHANA SHARIRA (L) DR ARUN NP (PROFESSOR) | PADARTHA VIGYAN (NL) DR SMITHA MOHANKUMAR (PROFESSOR & HOD) | SANSKRIT (NL) SMT. SREELAKSHMI C S (JUNIOR LECTURER) | | KRIYA SHARIRA (NLP) DR MANJU NADESAN (PROFESSOR) | KRIYA SHARIRA (NLP) DR MANJU NADESAN (PROFESSOR) |
| WEDNESDAY | RACHANA SHARIRA (NL) DR MINI K V (PROFESSOR & HOD) | PADARTHA VIGYAN (NL) DR SMITHA MOHANKUMAR (PROFESSOR & HOD) | SAMHITHA ADHYAYANA (L) DR BENOY BHASKARAN (PROFESSOR & VICE PRINCIPAL) | SANSKRIT (L) SMT. SREELAKSHMI C S (JUNIOR LECTURER) | | KRIYA SHARIRA (NLP) DR NIVED ARJUN (PROFESSOR & HOD) | KRIYA SHARIRA (NLP) DR NIVED ARJUN (PROFESSOR & HOD) |
| THURSDAY | SANSKRIT (NL) SMT. SREELAKSHMI C S (JUNIOR LECTURER) | SAMHITHA ADHYAYANA (NL) DR ALVIN VARGHESE (ASSOCIATE PROFESSOR | RACHANA SHARIRA (L) DR MINI K V (PROFESSOR & HOD) | KRIYA SHARIRA (L) DR NIVED ARJUN (PROFESSOR & HOD) | | RACHANA SHARIRA (NLP) DR MINI K V (PROFESSOR & HOD) | RACHANA SHARIRA (NLP) DR MINI K V (PROFESSOR & HOD) |
| FRIDAY | SANSKRIT (NL) SMT. SREELAKSHMI C S (JUNIOR LECTURER) | KRIYA SHARIRA (L) DR MANJU NADESAN (PROFESSOR) | KRIYA SHARIRA (L) DR NIVED ARJUN (PROFESSOR & HOD) | PADARTHA VIGYAN (NL) DR ALVIN VARGHESE (ASSOCIATE PROFESSOR | | RACHANA SHARIRA (NLP) DR MINI K V (PROFESSOR & HOD) RACHANA SHARIRA (NLP) DR ARUN NP (PROFESSOR) | RACHANA SHARIRA (NLP) DR ARUN NP (PROFESSOR) |
| SATURDAY | SAMHITHA ADHYAYANA (NL) DR ALVIN VARGHESE (ASSOCIATE PROFESSOR | KRIYA SHARIRA (L) DR MANJU NADESAN (PROFESSOR) | RACHANA SHARIRA (NL) DR MINI K V (PROFESSOR & HOD) | SANSKRIT (NL) SMT. SREELAKSHMI C S (JUNIOR LECTURER) | | LIBRARY | PHYSICAL EDUCATION |

13/11/2026

CLASS TEACHER

13/11/26

VICE PRINCIPAL
Nangelil Ayurveda Medical College
Kothamangalam - 686 691

VICE PRINCIPAL

13/11/26

PRINCIPAL

NANGELIL AYURVEDA MEDICAL COLLEGE
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